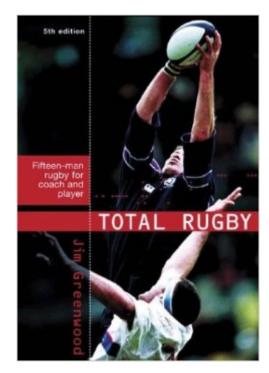
The book was found

Total Rugby: Fifteen Man Rugby For Coach And Player





Synopsis

Total rugby is the antithesis of play-safe rugby - an open, ebullient game in which every player is encouraged to show what he can do as an attacker, defender and supporting player. Total Rugby" has become one of the game's most seminal coaching manuals - it highlights Jim Greenwood's radical examination of every facet of the game and his ability to clearly convey the wealth of knowledge he has accumulated over many years. This fifth edition has been thoroughly updated and expanded."

Book Information

Paperback: 384 pages Publisher: A & C Black; 5 edition (October 2003) Language: English ISBN-10: 0713666722 ISBN-13: 978-0713666724 Product Dimensions: 1 x 6 x 8.2 inches Shipping Weight: 1.4 pounds Average Customer Review: 4.8 out of 5 stars Â See all reviews (6 customer reviews) Best Sellers Rank: #1,225,407 in Books (See Top 100 in Books) #125 in Books > Sports & Outdoors > Other Team Sports > Rugby #3257 in Books > Sports & Outdoors > Coaching

Customer Reviews

Mr. Greenwood has all the basics in here, and it serves as a useful reference beginners wanting to get the basics of the game down, to more experienced ruggers who want to read up on strategy and training tactics.

Great, great book. Both for the new rugby player and the old hand. Only criticism I have is that more illustrations and diagrams would be helpful for the total newbie. However, since that wasn't the intended audience it only becomes a problem because there's nothing else comparable out there. Like the Bible, everytime you read it, you learn something new every time. Or something that you weren't ready to understand before becomes suddenly clear. A must-have for the rugby obsessed.

This is a must have for any rugby coach or player. Written by the architect of the modern game he leaves no coachable skill out of his detailed instructions. If you've every struggled to understand a concept, tactic or skill this book will have your answer.

Download to continue reading...

Total Rugby: Fifteen Man Rugby for Coach and Player Rugby Revealed: Reaching Your Rugby Potential The Locksmith's Pick, Rake and Drill Repair Coach (The Locksmith's Repair Coach Book 4) A Practical Guide to Coaching Youth Baseball: For Coaches of 7 and 8-year-old Ballplayers (From Coach to Coach Book 3) The Successful Coach: Become The Coach Who Creates Champions Roller Hockey: The Game Within the Game: A Player and Coach Handbook Professional Soccer Passing Patterns: Passing Patterns That Develop Technical Ability, Increase Coordination of Player Movements, Establish Timing & Rhythm, Increase Passing Accuracy and Player Focus Chilton Total Car Care Chrysler PT Cruiser, 2001-2010 Repair Manual (Chilton's Total Car Care Repair Manuals) Fundamentos de prostodoncia total / Fundamentals of total prosthodontics (Spanish Edition) Prostodoncia total/ Total Prosthodontics (Spanish Edition) La Transformaci $\tilde{A}f\hat{A}$ n Total de su Dinero [The Total Money Makeover]: Un plan efectivo para alcanzar bienestar econ $\tilde{A}f\hat{A}$ mico [An effective plan to achieve economic welfare] Bruce Weber: Through My Eyes An inside look at the man, the coach and the greatest season in Illini history. Fifteen Songs and Airs for Soprano or Tenor from the Operas and the Odes: English Language Edition (Kalmus Edition) Fifteen Minutes Outside: 365 Ways to Get Out of the House and Connect with Your Kids No More Aching Back: Dr. Root's Fifteen-Minute-A-Day Program for a Healthy Back The Fight for Fifteen: The Right Wage for a Working America The Little Book Of Solitaire: More Than Fifteen Versions Of The Classic Card Game Complete Deck Of Cards Attached Fifteen Young Men: Australia's Untold Football Tragedy The Fifteen Decisive Battles of the World: From Marathon to Waterloo (Illustrated) Fifteen One-Act Plays

<u>Dmca</u>